

# **MENIU DETALIAT**

**Cantitati, Alergeni,**

**Aditivi Alimentari, Valori Nutritionale**

**Conform Ordinului 201/2022**

**Ingrediente: ALUAT BLAT PIZZA - faina alba de grau, apa, ulei de floarea soarelui, premix pizza(zahar,sare iodata,emulgatori:mono si digliceride ale acizilor grasi,stearoil-2-lactilat de sodium,enzime,agent de tratare a fainii acid ascorbic), drojdie instant de panificatie(celule de drojdie de panificatie, emulsifiant monostearat de sorbitan).**

## LISTA VALORI NUTRITIONALE /100g PRODUS

### ALFA

**Valoare nutritiolana per 100g: Valoare energetica 1030 Kj/238 Kcal; proteine 14,8g; lipide 10.8g din care acizi grasi saturati 4.3g; glucide 28,6g din care zaharuri1,4g; fibre 0,4g; sare1,2**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
<b>SOS DE ROSII</b>	138	586	0.9g	0.2g	0g	32g	26g	0.4g	2g	E211,E202
<b>MOZZARELLA</b>	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
<b>SALAM</b>	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
<b>PUI</b>	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
<b>GORGONZOLA</b>	389	1612	21g	25g	15g	0.3g	0.1g	-	2.1g	-

**BOX**

**Valoare nutritiolana per 100g:Valoare energetica 880Kj/190 Kcal; proteine 12,3g; lipide 9,8g din care acizi grasi saturati 3,8g; glucide 20,4g din care zaharuri 4,8g; fibre 1,5g; sare 0,8g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
<b>SOS DE ROSII</b>	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
<b>MOZZARELLA</b>	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
<b>SALAM</b>	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
<b>BACON</b>	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
<b>CIUPERCI</b>	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
<b>CEAPA</b>	42	176	0.9g	0.1	-	10.1g	4.2g	1.7g	0.4g	-

**BABIC**

**Valoare nutritiolana per 100g:Valoare energetica 1420Kj/350 Kcal; proteine 16,6g; lipide 17,2g din care acizi grasi saturati 8,8g; glucide 31,4g din care zaharuri 0,8g; fibre 0,7g; sare 1,2g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEIN E	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BABIC	228.32	959.01	35.3g	8.74g	3.2	1.69g	1.44g	0.85g	1.36g	E250

## BAMBINO

Valoare nutritional per100g:Valoare energetic 1020 Kj/225 Kcal; proteine 10,30g; lipide 14,2g din care acizi grasi saturati 2,7g; glucide 12,3g din care zaharuri 2,9g; fibre 2,20g; sare 1,2g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301
PORUMB	76	318	2.4g	1.6g	0.2g	12.1g	7.1g	2.8g	0.6g	
MASLINE	110	450	1.05g	6.8g	5.8g	11g	-	-	2g	E270,E579

**BETO**

**Valoare nutritivă per 100g: Valoare energetică 1100Kj/275 Kcal; proteine 23,8g; lipide 21,2g din care acizi grași saturati 6,2g; glucide 22,3g din care zaharuri 1,4g; fibre 0,9g; sare 1,2g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
<b>SMANTANA</b>	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
<b>MOZZARELLA</b>	394	1222	24g	22g	11g	2.5g	0g	-	1.3g	-
<b>BRIE</b>	333	1393	21g	28g	17g	0.5g	0.5	-	1.70g	-
<b>PROSCIUTO</b>	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
<b>GORGONZOLA</b>	389	1612	21g	25g	15g	0.3g	0.1g	-	2.1g	-

## BARBEQUE

Valoare nutritivă per 100g: Valoare energetică 1188Kj/280 Kcal; proteine 12,64g; lipide 9,20g din care acizi grași saturați 4,40g; glucide 32,4g din care zaharuri 6,2g; fibre 1,48g; sare 1,18g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS BARBEQUE	141	590	0.7g	0.7g	0.1g	29g	26g	0.3g	1.8g	E330,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
CEAPA ROSIE	42	176	0.9g	0.1	-	10.1g	4.2g	1.7g	0.4g	-

## CARBONARA

Valoare nutritionala per 100g: Valoare energetic 1078 Kj/255 Kcal; proteine 23,3g; lipide 16,4g din care acizi grasi saturati 4.7g; glucide 13,3g din care zaharuri 1,8g; fibre 0.4g; sare 1g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS ALB	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
OU	143	598.7	12g	11g	12g	0.8g	-	-	-	-
CEAPA ROSIE	42	176	0.9g	0.1g	-	10.1g	4.2g	1.7g	0.4g	-
PARMESAN	431	1803	38.5g	28.6g	17.3g	4.1g	0.9g	-	2g	E270,E579

**CALABRESE**

Valoare nutritionala per 100g: Valoare energetic 1320 Kj/235 Kcal; proteine 13,30g; lipide 12,2g din care acizi grasi saturati 3.7g; glucide 18,3g din care zaharuri 2,9g; fibre 0g; sare 1,2g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS ALB	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
GORGONZOLA	389	1612	21g	25g	15g	0.3g	0.1g	-	1.7g	-
PARMESAN	431	1803	38.5g	28.6g	17.3g	4.1g	0.9g	-	2g	E270,E579

**CARNE**

**Valoare nutritivă per 100g: Valoare energetică 1368Kj/308Kcal; proteine 18,9g; lipide 15,8g din care acizi grași saturati 8,87g; glucide 12,4g din care zaharuri 1,9g; fibre 0,6g; sare 1,2g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407

## CRUDO RUCOLA

Valoare nutritionala per 100g: Valoare energetic 598 Kj/145 Kcal; proteine 9,3g; lipide 6,2g din care acizi grasi saturati 2.7g; glucide 12,3g din care zaharuri 1,4g; fibre 1.2g; sare 0,8g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	18g	4.2g	2.5g	-	-	1.3g	-
PROSCIUTTO CRUDO	246	954	18g	3g	18.5g	0.1g	-	-	1.4g	E120
RUCOLA	30	105	2.6g	0.66g	0.08g	3.65g	2.1g	1.6g	0.2g	-
ROSII	20	84	1.3g	-	-	4g	-	1.3	0.6g	-
PARMESAN	431	1803	38.5g	28.6g	17.3g	4.1g	0.9g	-	2g	E270,E579

**CON TUTTO**

**Valoare nutritiviana per 100g: Valoare energetica 1620Kj/420 Kcal; proteine 22,4g; lipide 23,7g din care acizi grasi saturati 11,2g; glucide 36,2g din care zaharuri 1,4g; fibre 1,8g; sare 1,3g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
MOZZARELLA	394	1222	24g	22g	11g	2.5g	0g	0g	1.3g	-
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
CARNATI	293	1213	12.4	24.8g	7g	5g	1.9g	-	1.9	E450,E451,E316,E250
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
MASLINE	110	450	1.05g	6.8g	5.8g	11g	-	-	2g	E270,E579

**CINQUE**

**Valoare nutritivă per 100g: Valoare energetică 920Kj/240 Kcal; proteine 12,4g; lipide 8,6g din care acizi grași saturati 4,2g; glucide 26,5g din care zaharuri 1,8g; fibre 1,6g; sare 0,8g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
MASLINE	110	450	1.05g	6.8g	5.8g	11g	-	-	2g	E270,E579
PORUMB	76	318	2.4g	1.6g	0.2g	12.1g	7.1g	2.8g	600mg	-

**CAPRICIOSA**

**Valoare nutritivă per 100g: Valoare energetică 597Kj/142 Kcal; proteine 9,80g; lipide 8,28g din care acizi grași saturati 2,90g; glucide 13,78g din care zaharuri 1,60g; fibre 1,80g; sare 0,8g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	0g	-	1.3g	
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
MASLINE	110	450	1.05g	6.8g	5.8g	11g	-	-	2g	E270,E579

**DELLA CASSA**

**Valoare nutritiolana per 100g:Valoare energetica 860Kj/220 Kcal; proteine 10,20g; lipide 9,6g din care acizi grasi saturati 4,2g; glucide 19,6g din care zaharuri 1,8g; fibre 1,2g; sare 0,9g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
MASLINE	110	450	1.05g	6.8g	5.8g	11g	0g	-	2g	E270,E579

**DIABLO**

**Valoare nutritiolana per 100g:Valoare energetica 998Kj/294 Kcal; proteine 12,84g; lipide 12,80g din care acizi grasi saturati 4,35g; glucide 30,85g din care zaharuri 4,02g; fibre 2,30g; sare 1,3g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
CARNATI	293	1213	12.4	24.8g	7g	5g	1.9g	-	1.9g	E450,E451,E316,E250
ARDEI IUTE	46.4	194	1.9g	0.4g	-	8.8g	5.3g	1.5g	0.9g	-
PEPERONCINO	379	1576	12g	17g	3.2g	32g	30.4g	-	0.08g	-

**FRESH**

**Valoare nutritionala per 100g:Valoare energetic 788 Kj/145 Kcal; proteine 9,1g; lipide 7,2g din care acizi grasi saturati 7.7g; glucide 19,3g din care zaharuri 4,4g; fibre 1.8g; sare 1g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	18g	4.2g	2.5g	-	-	1.3g	-
MASLINE	110	450	1g	6.8g	5.8g	11g	-	-	2g	E270,E579
ROSII	20	84	1.3g	-	-	4g	-	1.3	0.6g	-
PARMESAN	431	1803	38.5g	28.6g	17.3g	4.1g	0.9g	-	2g	E270,E579

## FORMAGI

Valoare nutritiolana per 100g:Valoare energetica 1420Kj/360 Kcal; proteine 14,80g; lipide 12,08g din care acizi grasi saturati 9,02g; glucide 28,47g din care zaharuri 2,40g; fibre 1,20g; sare 1,14g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SMANTANA	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
PARMESAN	431	1803	38.5g	28.6g	17.3g	4.1g	0.9g	-	1.7g	-
GORGONZOLA	389	1612	21g	25g	15g	0.3g	0.1g	-	2.1g	-

## GUSTO

Valoare nutritivă per 100g: Valoare energetică 1180Kj/290 Kcal; proteine 14,2g; lipide 16,9g din care acizi grași saturati 3,3g; glucide 23,7g din care zaharuri 1,4g; fibre 0,8g; sare 0,5g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SMANTANA	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
CARNATI	293	1213	12.4	24.8g	7g	5g	1.9g	-	1.9g	E450,E451,E316,E250
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
CEAPA ROSIE	42	176	0.9g	0.1	-	10.1g	4.2g	1.7g	0.4g	-
ARDEI IUTE	46.4	194	1.9g	0.4g	-	8.8g	5.3g	1.5g	0.9g	-

## HAWAI

Valoare nutritionala per 100g: Valoare energetic 648 Kj/115 Kcal; proteine 5,8g; lipide 6,2g din care acizi grasi saturati 3.4g; glucide 16,4g din care zaharuri 5,4g; fibre 1g; sare 1.2g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	18g	4.2g	2.5g	-	-	1.3g	-
PROSCIUTTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4	-	2.5g	E250,E452,E407
ANANAS	68	289	-	-	-	17g	15g	1g	-	-

**MARGHERITA**

**Valoare nutritiviana per 100g: Valoare energetica 990Kj/180 Kcal; proteine 10,86g; lipide 8,80g din care acizi grasi saturati 4,2g; glucide 38,16g din care zaharuri 4,60g; fibre 2,30g; sare 0,85g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BUSUIOC	251	1050	14.4g	4g	0.2g	61g	1.7g	40.5g	34mg	-

**MILANO**

**Valoare nutritivă per 100g: Valoare energetică 1098Kj/268 Kcal; proteine 23,4g; lipide 18,3g din care acizi grași saturati 5,8g; glucide 18,4g din care zaharuri 1,4g; fibre 0,6g; sare 1g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
GORGONZOLA	389	1612	21g	25g	15g	0.3g	0.1g	-	2.1g	-

**MEXICANA**

**Valoare nutritiolana per 100g:Valoare energetica 1140Kj/270 Kcal; proteine 12,68g; lipide 9,90g din care acizi grasi saturati 4,55g; glucide 31,40g din care zaharuri 3,76g; fibre 1,72g; sare 1,3g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	
CARNATI	293	1213	12.4	24.8g	7g	5g	1.9g	-	1.9	E450,E451,E316,E250
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
ARDEI IUTE	46.4	194	1.9g	0.4g	-	8.8g	5.3g	1.5g	0.9g	-
PORUMB	76	318	2.4g	1.6g	0.2g	12.1g	7.1g	2.8g	600mg	-

## PROSCIUTO

Valoare nutritivă pe 100g: Valoare energetică 730Kj/180 Kcal; proteine 12,4g; lipide 5,6g din care acizi grași saturati 2,6g; glucide 28,4g din care zaharuri 0,6g; fibre 0,4g; sare 0,8g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407

## PROSCIUTTO FUNGHI

Valoare nutritivă pentru 100g: Valoare energetică 780Kj/160 Kcal; proteine 9,8g; lipide 6,80g din care acizi grași saturati 3,1g; glucide 11,40g din care zaharuri 1,68g; fibre 1,02g; sare 0,9g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-

**POLLO**

**Valoare nutritiolana per 100g:Valoare energetica 1140Kj/270 Kcal; proteine 12,40g; lipide 11,36g din care acizi grasi saturati 6,72g; glucide 28,4g din care zaharuri 3,15g; fibre 1,60g; sare 0,87g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SMANTANA	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-

## SALAMI

Valoare nutritivă per 100g: Valoare energetică 1320Kj/320 Kcal; proteine 13,13g; lipide 13,40g din care acizi grași saturati 6,17g; glucide 32,4g din care zaharuri 4,6g; fibre 2,16g; sare 1,32g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	0g	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621

**PRIMAVERA**

**Valoare nutritiolana per 100g:Valoare energetica 740Kj/180 Kcal; proteine 7,8g; lipide 6.2g din care acizi grasi saturati 2,3g; glucide 20,2g din care zaharuri 2,3g; fibre 1,4g; sare 0,6g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
PORUMB	76	318	2.4g	1.6g	0.2g	12.1g	7.1g	2.8g	0.6g	-

## QUATTRO STAGIONI

Valoare nutritiviana per 100g: Valoare energetica 1110Kj/262 Kcal; proteine 11,68g; lipide 10,12g din care acizi grasi saturati 4,12g; glucide 30,62g din care zaharuri 4,03g; fibre 1,88g; sare 1,08g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
ARDEI GRAS	31	130	1g	-	-	6g	0g	2g	-	-

## PESCADORA

Valoare nutritionala per 100g: Valoare energetic 878 Kj/164 Kcal; proteine 12,8g; lipide 4,7g din care acizi grasi saturati 2.2g; glucide 18,4g din care zaharuri 6,4g; fibre 1g; sare 1.4g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	18g	4.2g	2.5g	-	-	1.3g	-
ANSOA	177	741	26g	7g	1.2g	2.4g	0.5g	-	14g	E250,E452,E407
TON	91	384	21.1g	0.6g	0.2g	0.1g	0.1g	-	1g	-
PORUMB	76	318	2.4g	1.6g	0.2g	21.1g	7.1g	2.8g	0.6g	-
CEAPA ROSIE	42	176	0.9g	0.1g	-	10.1g	4.2g	1.7g	0.4g	-

**POPEYE**

Valoare nutritionala per 100g: Valoare energetic 1020 Kj/240 Kcal; proteine 18,8g; lipide 8,7g din care acizi grasi saturati 3.2g; glucide 11,4g din care zaharuri 3,4g; fibre 0.6g; sare 1.5g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	18g	4.2g	2.5g	-	-	1.3g	-
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
OU	143	598.7	12g	11g	12g	0.8g	-	-	-	-
SPANAC	23	318	3g	-	-	-	-	2.2g	-	-

**ROYAL**

**Valoare nutritivă per 100g: Valoare energetică 810Kj/196 Kcal; proteine 16,6g; lipide 11,2g din care acizi grași saturati 6,3g; glucide 24,8g din care zaharuri 1,4g; fibre 0,5g; sare 0,4g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SMANTANA	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322 E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
PUI	125	528	23.42g	3g	0.9g	1.9g	0.4g	-	1.72g	E621,E316,E407
BRIE	333	1393	21g	28g	17g	0.5g	0.5	-	1.70g	-
MASLINE	110	450	1.05g	6.8g	5.8g	11g	-	-	2g	E270,E579

**RUSTICA**

**Valoare nutritivă per 100g: Valoare energetică 1120Kj/270 Kcal; proteine 12,8g; lipide 10,46g din care acizi grași saturati 6,20g; glucide 16,4g din care zaharuri 3,8g; fibre 1,58g; sare 1,08g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	0g	1.3g	-
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-

**ROMA**

Valoare nutritionala per 100g: Valoare energetic 1010 Kj/225 Kcal; proteine 11,3g; lipide 9,4g din care acizi grasi saturati 3.7g; glucide 4,3g din care zaharuri 1,8g; fibre 0g; sare 1,2g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
PROSCIUTTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4	-	2.5	E250.E452,E407

**SARBEASCA**

**Valoare nutritiolana per 100g:Valoare energetica 1158Kj/280 Kcal; proteine 15,38g; lipide 16,9g din care acizi grasi saturati 3,2g; glucide 22,8g din care zaharuri 1,6g; fibre 0,9g; sare 0,8g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEI NE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BABIC	228.32	959.01	35.3g	8.74g	3.2	1.69g	1.44g	0.85g	1.36g	E250
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
CARNATI	293	1213	12.4	24.8g	7g	5g	1.9g	-	1.9g	E450,E451,E316,E250
CEAPA	42	176	0.9g	0.1	-	10.1g	4.2g	1.7g	0.4g	-

**SOLO**

Valoare nutritionala per 100g: Valoare energetic 1330 Kj/320 Kcal; proteine 13,4g; lipide 12,2g din care acizi grasi saturati 4.1g; glucide 18,6g din care zaharuri 4,6g; fibre 0.2g; sare 1.4g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	18g	4.2g	2.5g	-	-	1.3g	-
PROSCIUTTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
SALAM	503	2104	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301

## SPICY CHICKEN

Valoare nutritionala per 100g: Valoare energetic 1130 Kj/144 Kcal; proteine 10,4g; lipide ,7g din care acizi grasi saturati 2.1g; glucide 22,6g din care zaharuri 4,2g; fibre 1.2g; sare 1g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	18g	4.2g	2.5g	-	-	1.3g	-
PUI	177	741	26g	7g	1.2g	2.4g	0.5g	-	14g	E250,E452,E407
ARDEI IUTE	46.4	194	1.9g	0.4g	-	8.8g	5.3g	1.5g	0.9g	-
ROSII	20	84	1.3g	-	-	4g	-	1.3g	0.6g	-

**SPICY**

**Valoare nutritiolana per 100g:Valoare energetica 1246Kj/300 Kcal; proteine 12,8g; lipide 12,2g din care acizi grasi saturati 4,3g; glucide 29,4g din care zaharuri 4,8g; fibre 2,1g; sare 1,2g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	0g	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	0g	0g	1.3g	-
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
CARNATI	293	1213	12.4	24.8g	7g	5g	1.9g	-	1.9	E450,E451,E316,E250
ARDEI IUTE	46.4	194	1.9g	0.4g	-	8.8g	5.3g	1.5g	0.9g	-
PEPERONCINO	379	1576	12g	17g	3.2g	32g	30.4g	-	0.08g	-

**SPECIALA**

Valoare nutritionala per 100g: Valoare energetic 1280 Kj/215 Kcal; proteine 12,3g; lipide 11,4g din care acizi grasi saturati 3.2g; glucide 8,5g din care zaharuri 1,6g; fibre 0,6g; sare 1,4g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
GORGONZOLA	389	1612	21g	25g	15g	0.3g	0.1g	-	2.1	-
ROSII	20	84	1.3g	-	-	4g	-	1.3g	0.6g	-
PSRMESAN	431	1803	38.5g	28.6g	17.3g	4.1g	0.9g	-	2g	E270,E579

**SUPREMA**

**Valoare nutritivă per 100g: Valoare energetică 920Kj/310 Kcal; proteine 13,4g; lipide 10,2g din care acizi grași saturati 5,1g; glucide 20,2g din care zaharuri 2,1g; fibre 1,2g; sare 1,1g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
PROSCIUTO	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
CARNATI	293	1213	12.4	24.8g	7g	5g	1.9g	-	1.9g	E450,E451,E316,E250
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
MASLINE	110	450	1.05g	6.8g	5.8g	11g	0g	-	2g	E270,E579

**TRADITIOANALA**

**Valoare nutritiolana per 100g:Valoare energetica 1048Kj/252 Kcal; proteine 10,38g; lipide 13,2g din care acizi grasi saturati 4,5g; glucide 22,4g din care zaharuri 1,49g; fibre 0,6g; sare 0,8g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SMANTANA	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-

## TRANSILVANIA

Valoare nutritionala per 100g: Valoare energetic 1680 Kj/440 Kcal; proteine 22,4g; lipide 16,2g din care acizi grasi saturati 8.1g; glucide 16,6g din care zaharuri 4,8g; fibre 0.8g; sare 1.4g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	18g	4.2g	2.5g	-	-	1.3g	-
BABIC	95.5	397	11.2g	4.5g	2.4g	2.4g	2.4g	-	2.5g	E250,E452,E407
SALAM	503	2104	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301
ARDEI IUTE	46.4	194	1.9g	0.4g	-	8.8g	5.3g	1.5g	0.9g	-
PEPERONCINO	379	1576	12g	17g	3.2g	32g	30.4g	-	0.3g	-
CEAPA ROSIE	42	176	0.9g	0.1g	-	10.1g	4.2g	1.7g	0.4g	

**TARANEASCA**

**Valoare nutritiolana per 100g:Valoare energetica 998Kj/190 Kcal; proteine 11,36g; lipide 11,8g din care acizi grasi saturati 5,4g; glucide 14,4g din care zaharuri 2,3g; fibre 1,2g; sare 1g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	0g	0g	1.3g	-
BACON	298	1075	14.2g	25.3g	13.9g	1g	1g	-	3.5g	E250,E452,E407
CARNATI	293	1213	12.4	24.8g	7g	5g	1.9g	-	1.9	E450,E451,E316,E250
CEAPA ROSIE	42	176	0.9g	0.1	-	10.1g	4.2g	1.7g	0.4g	-
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
USTUROI	149	623	6g	0.5g	0.51g	33g	1g	2g	0.17g	-

**TONNO**

**Valoare nutritivă per 100g: Valoare energetică 680Kj/144 Kcal; proteine 8,60g; lipide 5,80g din care acizi grași saturati 2,82g; glucide 12,40g din care zaharuri 5,20g; fibre 2,3g; sare 0,80g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	0g	0g	1.3g	-
TON	91	384	21.1g	0.6g	0.2g	0.1g	0.1g	-	1g	-
CEAPA ROSIE	42	176	0.9g	0.1	-	10.1g	4.2g	1.7g	4mg	-
OREGANO	306	1280	11g	10.3	2.7g	64.4g	4.1g	42.8g	15mg	-

**VEGETARIANA (DE POST)**

**Valoare nutritiolana per 100g:Valoare energetica 970Kj/230 Kcal; proteine 5,60g; lipide 7,80g din care acizi grasi saturati 4,50g; glucide 31,4g din care zaharuri 4g; fibre 2,60; sare 1,04g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	4g	2g	E211,E202
CASCAVAL POST	270	1130	2g	21g	10g	19g	0.5g	-	2.7g	E1420,E452,E331,E200
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
ARDEI GRAS	31	130	1g	-	-	-	-	2g	-	-
MASLINE	110	450	1.05g	6.8g	5.8g	11g	-	-	2g	E270,E579
PORUMB	76	318	2.4g	1.6g	0.2g	12.1g	7.1g	2.8g	600mg	-
CEAPA ROSIE	42	176	0.9g	0.1	-	10.1g	4.2g	1.7g	4mg	-

**VEGETARIANA**

**Valoare nutritiviana per 100g: Valoare energetica 950Kj/225 Kcal; proteine 9,56g; lipide 7,20g din care acizi grasi saturati 4,10g; glucide 28,20g din care zaharuri 4,28g; fibre 2,60g; sare 0,80g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	-	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
CIUPERCI	28	117	2.2g	0.5g	0.1g	5g	2.3g	2.2g	0.5g	-
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
MASLINE	110	450	1.05g	6.8g	5.8g	11g	0g	-	2g	E270,E579
CEAPA ROSIE	42	176	0.9g	0.1	-	10.1g	4.2g	1.7g	0.4g	-
PORUMB	76	318	2.4g	1.6g	0.2g	12.1g	7.1g	2.8g	0.6g	-

**VEZUVIO**

**Valoare nutritiolana per 100g:Valoare energetica 1100Kj/230 Kcal; proteine 10,26g; lipide 8,6g din care acizi grasi saturati 2,9g; glucide 27,3g din care zaharuri 3,2g; fibre 2,30g; sare 1,2g.**

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS DE ROSII	138	586	0.9g	0.2g	0g	32g	26g	0.4g	2g	E211,E202
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
SALAM	503	2104.5	19g	47g	15g	2.5g	1g	-	3.5g	E120,E250,E301,E621
ARDEI GRAS	31	130	1g	-	-	6g	-	2g	-	-
ARDEI IUTE	46.4	194	1.9g	0.4g	-	8.8g	5.3g	1.5g	0.9g	-
PEPERONCINO	379	1576	12g	17g	3.2g	32g	30.4g	-	0.08g	-

## VERONA

Valoare nutritionala per 100g: Valoare energetic 1048 Kj/225 Kcal; proteine 18,3g; lipide 13,5g din care acizi grasi saturati 5.1g; glucide 6,3g din care zaharuri 2,7g; fibre 0.5g; sare 1.2g.

INGREDIENTE	VALOARE ENERGETICA		PROTEINE	LIPIDE	GRASIMI SATURATE	GLUCIDE	ZAHAR	FIBRE	SARE	ADITIVI
	cal	Kj								
SOS ALB	200	837	3.6g	17.6g	2.7g	7g	2.7g	-	0.22g	E412,E322,E410
MOZZARELLA	394	1222	24g	22g	11g	2.5g	-	-	1.3g	-
PROSCIUTTO	95.5	397	11.2g	4.5	2.4g	2.4	2.4g	-	2.5g	E250,E452,E407
GORGONZOLA	389	1612	21g	25g	15g	0.3g	0.1g	-	2.1g	-
CEAPA ROSIE	42	176	0.9g	0.1g	-	10.1g	4.2g	1.7g	0.4g	-